



C.H.E.K Institute Advanced Training Programs 2009 UK, US and Canada

Visit www.chekinstitute.com for full details or call 1.800.552.8789



Final payment	Pre-req's due by:	CHEK Exercise Coach: Course Payment in full: \$1947 Course payment plan: 2 x 987; 4 x \$497; 6 x \$357; Retake \$947		
		DATE	LOCATION	INSTRUCTOR
Nov 20	Nov 4	December 4-8, 2009	The Granite Club, Toronto, ON	Yves Ethier
Nov 23	Nov 23	December 8-12, 2009	Designer Fitness, Gainsville, VA	Robert Yang

Final payment	Pre-req's due by:	Holistic Lifestyle Coach Level 2: Course Payment in full: \$2197 Course payment plan: 2 x 1127; 4 x \$577; 6 x \$397; Retake \$1097		
		DATE	LOCATION	INSTRUCTOR
Nov 20	Nov 4	December 4-8, 2009	C.H.E.K Institute, Vista, CA	Paul Chek

Final payment	Pre-req's due by:	CHEK UK Exercise Coach Course payment in full of £1525 Course payment plan: 2 x £777; 4 x £397; 6 x £267 CHEK Exercise Coach + Holistic Lifestyle Coach Level 1: Payment in full of £1997		
		DATE	LOCATION	INSTRUCTOR
		December 8-12, 2009	O2 ApS, Farum, Denmark**	Matt Wallden

Final payment	Pre-req's due by:	Holistic Lifestyle Coach Level 2: Payment in full £1650 2 x payment plan = £837 x 2 4 x payment plan = £427 x 4 6 x payment plan = £287 x 6		
		DATE	LOCATION	INSTRUCTOR
Nov 9	Oct 23	November 23-27, 2009	The Orangery, Wakefield	Emma Lane

*Contact info@EleikoSport.se for Swedish prices

**Contact Alun@Alun.dk for Danish prices